

**Waldorf Education and Growing Up with Norse Myths**



Waldorf education, founded by Rudolf Steiner, is based on a philosophy that considers the cognitive, emotional, and social development of children in distinct age phases. As someone new to Waldorf philosophy, I initially struggled to grasp the subtle changes marking a child's journey through different age groups. The idea of distinct phases seemed a bit idealistic and abstract. However, it wasn't until I started teaching a group of fourth-graders that I began to see the truth unfold.

[Click here for more information…..](https://www.agastyaacademy.edu.in/post/waldorf-education-and-growing-up-with-norse-myths)